

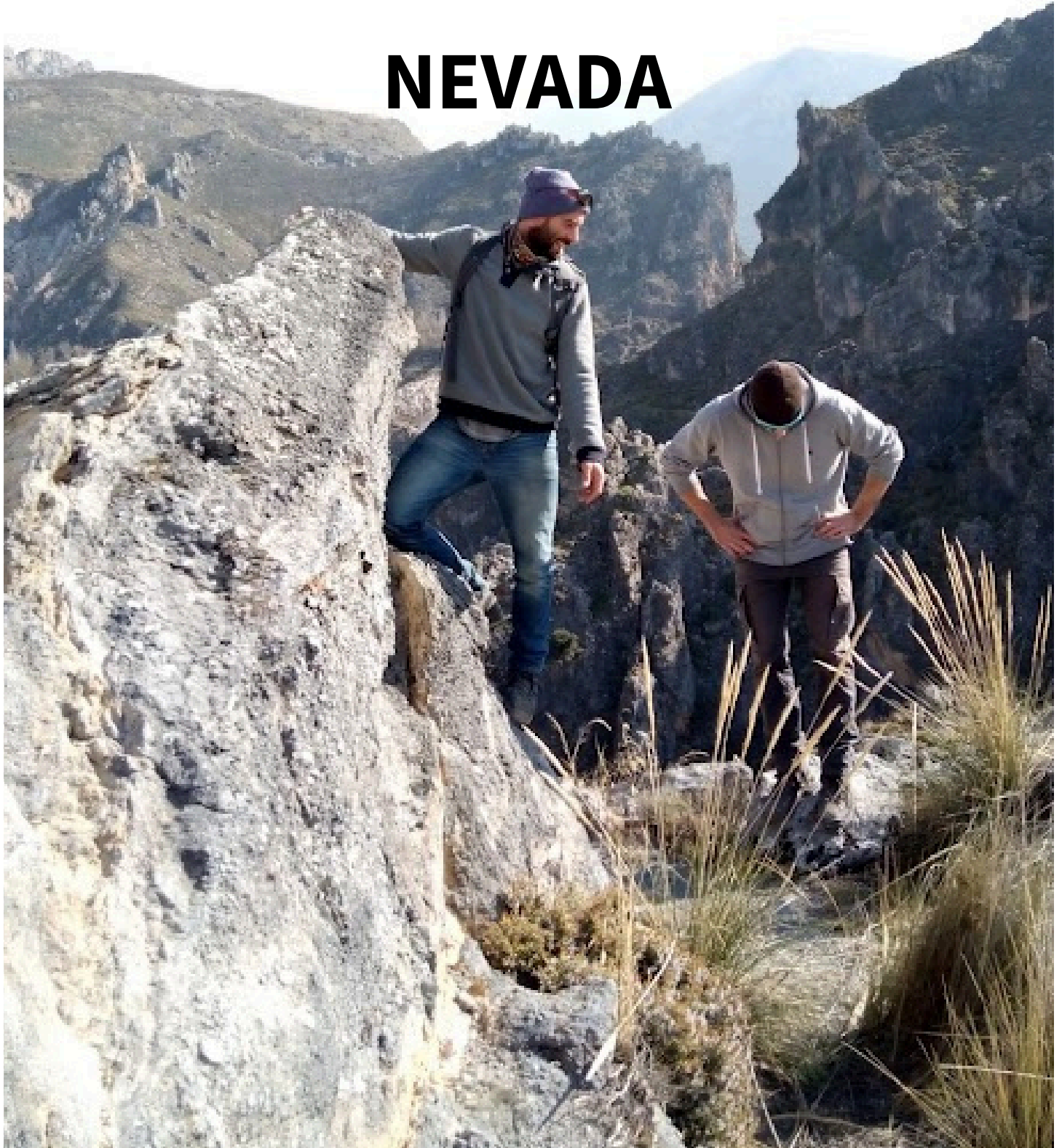
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FAMILY HIKE

THE GORGE OF SIERRA

NEVADA





INCLUDED

- Liability insurance and assistance
- Professional guide
- Transfer
- Water

REQUIREMENTS

- Good physical health
- Minimum age: 8 years
- Closed shoes, no open shoes!

TOUR

- Season: All year
- Destination: Monachil Sierra Nevada National Park
- Minimum of persons: 2
- Guided tour
- Duration: 4- 5 hours
- Difficulty: BASIC +



¿CHECKLIST?

Weather is important to consider while packing for your outdoor activity. Your packing list is based on your comfort and sensitivity. The best way to travel and to be outdoors is to layer your clothes.

Highly recommended as best way to stay warm and keep cool, as the weather is bound to change in the mountains.

- Water (incl.) minimum 1 L
- Picnic
- Light backpack
- Comfortable clothing
- Hiking shoes, not open shoes!
- Sunglasses
- Suncream and lip balm
- Sun hat or beanie

Any questions about the recommendations of the material do not hesitate to contact us.



What to expect

We drive to the village Monachil, located in a fertile valley of the Sierra Nevada Mountain Range at 800 meters above sea level, just outside the city of Granada. The walking path, called Cahorros Trail, is a hiking path in the lower hills of Sierra Nevada National Park.

The trail starts in the village following the river up toward the entrance of the narrow gorge. The way becomes a succession of stairs, crawling under overhanging rocks, and crossing hanging bridges along a cascading river through the canyon that creates rockpools and caves, making the walk an adventure for the whole family.

At the end of the gorge, we return by a higher route, from which you get stunning views of the lush Monachil Valley.

A great escape from the city and a perfect family day out in the mountains!



TRACK

**TOTAL DISTANCE: 9 KM
TOTAL ASCENT: 400 M
TOTAL DESCENT: 400 M
DURATION TRAIL: 3-4 HOURS
MIN. ALTITUDE: 800 M
MAX. ALTITUDE: 1.125 M
ROUTE TYPE: LOOP TRAIL
DIFFICULTY: BASIC +**

**Trails suitable for people with normal physical fitness.
If you are thinking about getting started in the mountains and like walking.
You can enjoy nature calmly, without enormous effort.
Regular physical activity level 2-3 hours/week activity.**

Terrain: Walking on stepped paths and uneven terrain with sections where you need to scramble under overhanging rocks along the side of the gorge and metal handles set into the rock to help you pass.

**GET READY TO
CREATE NEW
EXPERIENCES!**



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